

Charting Your Course



"Making Better Choices"

Topics To Be Discussed

1. Learning about self
2. Trust
3. Understanding patterns of change.
4. Deciding to change

An adult class (17 years and older) for learning the causes and effects of making poor choices and how to make choices to improve your lifestyle.

2010 Schedule

classes are 4 weeks in duration

Tuesdays	July	6, 13, 20, 27	7:00 –8:30 p.m.
Tuesdays	August	3, 10, 17, 24	7:00 –8:30 p.m.
Tuesdays	Sept.	7, 14, 21, 28	7:00 – 8:30 p.m.
Tuesdays	Oct.	5, 12, 19, 26	7:00 - 8:30 p.m.
Tuesdays	Nov.	2, 9, 16, 23	7:00 - 8:30 p.m.
Tuesdays	Nov.	30, Dec 7, 14, 21	7:00- 8:30 p.m.

LOCATION: Catholic Charities of Jackson County
1522 Joy Ave.
Jackson, MI 49203

COST: \$15.00/week (Total \$60.00)*

*Pay in advance for all 4 weeks and pay \$50.00 (\$10.00 savings)

**CASH, CREDIT CARD OR MONEY ORDER ONLY
WE DO NOT ACCEPT CHECKS FOR THIS CLASS**

REGISTER: YOU MUST BE PRE-REGISTERED TO ATTEND

CALL (517) 782-2551

